

## Langtoft 10k Road Run Results 2008

Position	Time	Number	Name	Club	Category
1	32.43	70	Steven Body	Bedford & County	M
2	34.47	9	Richard Brown	Louth AC	M
3	35.57	64	Simon Markley	Thomas Cook RRC	M
4	36.16	168	Ian Paramore	Barrow Runners	MV
5	36.24	123	Martin Booth	Nene Valley Harriers	MV
6	36.52	34	Paul Whittingham	Sutton-in-Ashfield Harriers & AC	MV
7	37.06	24	Jonny Muir	Nene Valley Harriers	M
8	37.14	85	Adrian Layen	U/A	M
9	37.17	189	Arthur Short	Grantham AC	MV
10	37.24	66	Tony Johnson	Ropsley Road Runners	MV
11	37.33	13	Vaughan Roberts	Bourne Town Harriers	MV
12	37.56	201	Tom Rodgers	Nene Valley Harriers	M
13	38.02	7	Nicky Day	U/A	M
14	38.11	42	Debbie Marsden	Beaumont	F
15	38.18	192	Adam Hillless	Bourne Town Harriers	M
16	36.25	191	Miguel Cann	U/A	MV
17	38.27	60	Philippa Taylor	Stamford Striders	FV
18	38.58	61	John Manlow	Ely Runners	M
19	38.58	155	Richard Coles	U/A	M
20	39.04	125	Matthew Grace	Bourne Town Harriers	M
21	39.05	142	Amelia Susulowsky	Nene Valley Harriers	F
22	39.13	202	Karim Hassine	U/A	M
23	39.17	119	Ian Coney	Lincoln & District Runners	MV
24	39.33	69	Reg Allen	Thorney Running Club	MV
25	39.44	188	Nicholas Reet	Sleaford Striders	M
26	39.57	43	Jonathan Shepstone	Sutton Harriers & AC	M
27	39.59	79	Jud Kirk	Bedford & County	MV
28	40.14	74	David Rayment	Thomas Cook RRC	M
29	40.29	55	Martin Candish	Stamford Striders	M
30	40.32	159	Mike Holt	Nene Valley Harriers	MV
31	40.48	59	Algie Audas	Stamford Striders	MV
32	40.49	210	David Burrows	U/A	M
33	41.02	30	Jaroslav Nijak	Nene Valley Harriers	M
34	41.04	153	John Dorman	U/A	MV
35	41.08	179	Kyle Barber	Harborough AC	M
36	41.08	98	Christopher Pycroft	Thorney Running Club	MV
37	41.17	22	Helen Hoyle	Barnet & District	FV
38	41.19	28	Geoff Hall	Lincoln Wellington	MV
39	41.25	194	Barry Warne	Nene Valley Harriers	MV
40	41.26	26	Peter Ward	Thorney Running Club	MV
41	41.30	112	Jim Grant	Yaxley Runners	MV
42	41.34	162	Mick Revill	Stamford Striders	MV
43	41.42	14	William Hussey	U/A	M
44	41.57	12	Matt Clarkson	Bushfield Joggers	M
45	42.10	128	Christopher Smith	Sleaford Town Runners	M
46	42.21	212	Des Adey	Bourne Town Harriers	MV
47	42.26	181	Glenn Moore	Lincoln Wellington AC	MV
48	42.28	122	Keith Brookes	Nene Valley Harriers	MV
49	42.39	17	Nicholas Wells	Stamford Striders	MV
50	42.42	203	Tony Gilbert	Bourne Town Harriers	MV
51	42.48	1	Marc Archer	U/A	MV
52	42.54	115	Robert McNab	Nene Valley Harriers	MV
53	42.59	92	Alan Hayes	Stamford Striders	MV

54	43.07	46	Christopher Phillips	Werrington Joggers	M	
55	43.12	21	Russell Devitt	Shaftesbury Harriers	MV	
56	43.15	82	Iain Cameron	Stamford Striders	MV	
57	43.23	41	Rodney Hall	Werrington Joggers	MV	
58	43.24	150	David Lewis	Stamford Striders	MV	
59	43.25	65	Tim Phipps	U/A	MV	
60	43.28	193	David Bell	Yaxley Runners	M	
61	43.31	138	Adrian Green	Stamford Striders	M	
62	43.37	222	Phil Barnes	Bushfield Joggers	M	
63	43.40	176	Edward Enright	Lincoln & District	MV	
64	43.41	137	Nigel Aitken	Werrington Joggers	MV	
65	43.43	187	Graham Potter	Sleaford Striders	MV	
66	43.46	135	Paul Swindles	U/A	M	
67	43.56	114	Richard Smithers	Bourne Town Harriers	MV	
68	43.57	136	Darrell Knight	Ropsley Road Runners	MV	
69	44.11	107	John Royston	U/A	MV	
70	44.30	182	Stephen Gibb	Nene Valley Harriers	MV	
71	44.32	67	Paul Hannah	Stamford Striders	MV	
72	44.51	170	Pete Pocklington	Lincs	MV	
73	44.53	126	Adam Williamson	U/A	M	L
74	45.09	164	Bob Webster	Stamford Striders	MV	
75	45.20	147	Lenny Peacock	Yaxley Runners	MV	
76	45.41	35	Craig Coutts	U/A	M	
77	45.41	175	Roland Stevens	Bourne Town Harriers	MV	
78	45.41	6	Bob Nitsch	Werrington Joggers	MV	
79	45.45	44	Anthony Yoxall	Bourne Town Harriers	MV	
80	45.47	29	Paul Hardy	Sleaford Striders	MV	
81	45.49	25	Fiona Levitt	U/A	F	
82	45.55	18	Geoff Howes	Thorney Running Club	MV	
83	45.58	132	Louise Swallow	Bourne Town Harriers	FV	
84	46.02	108	Martyn Skinner	U/A	M	L
85	46.04	195	Ricky Smith	Lincoln & District Runners	M	
86	46.17	113	Vince McNiffe	Sleaford Striders	MV	
87	46.23	166	Alan Goodman	Biggleswade AC	MV	
88	46.32	133	Steve Clayton	Gloucester AC	MV	
89	46.38	103	Robert Jones	Thorney Running Club	MV	
90	46.44	33	Alison Whittingham	Sutton-in-Ashfield Harriers & AC	FV	
91	47.02	173	Jonathan Digby	U/A	M	
92	47.07	178	Terry Harrison	U/A	M	
93	47.19	106	John Mayoh	U/A	MV	L
94	47.23	111	Ivan Block	U/A	MV	
95	47.29	205	Paul Beland	Bourne Town Harriers	MV	
96	47.42	104	Stu Wright	Thorney Running Club	M	
97	47.50	62	Angela Shimada	Lincoln and District Runners	F	
98	48.01	207	Jack Turner	U/A	M	
99	48.02	40	Andy Harding	Thorney Running Club	M	
100	48.04	36	David Morris	UK NET Runner	MV	
101	48.06	50	Richard Santy	U/A	M	
102	48.07	200	Rebecca Lee	U/A	FV	
103	48.11	11	Andy Henson	Bourne Town Harriers	MV	
104	48.14	124	David Grace	Bourne Town Harriers	MV	
105	48.18	158	Anton Gaches	U/A	MV	
106	48.22	90	Jonathan Oakley	U/A	MV	L
107	48.28	157	Stephen Dawson	U/A	M	
108	48.29	95	Andrew Wade	Stamford Striders	MV	
109	48.36	141	Richard Pearson	Bourne Town Harriers	MV	

110	48.41	177	Rosalind Dreadwell	Lincoln & District Runners	FV	
111	48.47	218	Christopher Abel	U/A	MV	
112	48.54	5	Terry Welbourn	U/A	MV	
113	49.08	206	Ryan Everett	U/A	M	
114	49.08	130	Paul Lindley	U/A	MV	
115	49.15	197	Jim Finlay	Peterborough AC	MV	
116	49.20	161	Sheona Revill	Stamford Striders	FV	
117	49.28	129	Linda Lindley	Werrington Joggers	FV	
118	49.37	184	Norman Gosbee	Ropsley Road Runners	MV	
119	49.50	143	Andy Mayers	Leic Triathlon Club	MV	
120	49.51	63	Robert MacMenemey	U/A	MV	
121	49.51	105	Jason Pawlett	U/A	M	L
122	49.57	57	Katherine Penhale	U/A	F	
123	50.00	58	Michael Awre	U/A	MV	
124	50.03	160	Paul Towers	U/A	MV	
125	50.08	214	Simon Goodchild	RAF Wyton RC	M	L
126	50.12	190	Philip Hall	Grantham AC	MV	
127	50.19	88	Susan Oakley	U/A	FV	L
128	50.19	3	Andrew Dewar	Lincoln Wellington	MV	
129	50.20	87	Ian McCrae	Werrington Joggers	MV	
130	50.22	4	Michael McIntyre	U/A	M	
131	50.26	174	David Fisher	U/A	MV	
132	50.28	116	Simon Patman	U/A	M	
133	50.30	220	Alison Sinclair	Bushfield Joggers	FV	
134	50.30	223	Philip Boyd	Bushfield Joggers	MV	
135	50.40	75	Barry Clarke	Nene Valley Harriers	MV	
136	51.04	80	Elizabeth Dixon	Bourne Town Harriers	FV	
137	51.06	211	Tony Whittle	Thomas Cook RRC	MV	
138	51.06	198	Richard Broadhead	U/A	M	L
139	51.10	91	Jenny Collins	U/A	FV	
140	51.14	31	Philip Boddey	Stamford Striders	MV	
141	51.15	217	Paul Jepson	Ropsley Road Runners	MV	
142	51.16	172	Paul Cross	U/A	MV	
143	51.18	20	Peter Thompson	Yaxley Runners	MV	
144	51.21	146	Sally Valentine-Anderson	Yaxley Runners	F	
145	51.25	27	Mandy Hobbs	U/A	FV	
146	51.29	52	Nigel French	U/A	MV	
147	51.37	15	Susan Tomlin	Stamford Striders	FV	
148	51.43	71	Laura Allen	City of Salisbury ARC	F	
149	51.51	196	Stuart Benyon	U/A	MV	
150	51.57	102	Phil Amos	U/A	M	
151	52.06	39	Sharon Raine	Stamford Striders	F	
152	52.08	110	Richard Woollard	U/A	MV	L
153	52.17	199	Danny Knight	U/A	M	
154	52.50	109	Ian Frisby	Thorney Running Club	MV	
155	52.53	68	Amanda Hannah	Stamford Striders	FV	
156	53.03	120	Stephen Webb	U/A	M	
157	53.03	151	Helen Randle	Stamford Striders	FV	
158	53.08	163	Austin Goldsmith	U/A	M	
159	53.31	51	Michael Blackledge	Thorney Running Club	M	
160	53.34	118	Martin Cohen	U/A	MV	
161	53.35	81	David Dilloway	U/A	MV	
162	53.36	165	Beverley Aitken	Fairlands Valley Spartans	FV	
163	53.52	148	Cathy Young	U/A	F	
164	53.56	84	Susan Frisby	Thorney Running Club	FV	
165	53.59	94	Sharron Toms	Yaxley Runners	FV	

166	54.00	89	Tim Collins	U/A	MV	
167	54.14	213	Dan Hill	U/A	M	
168	54.15	38	Louise Burton	Werrington Joggers	FV	
169	54.28	93	M Russell	Yaxley Runners	MV	
170	54.33	32	Tanya Cole	Stamford Striders	F	
171	54.36	8	Steve Turner	U/A	MV	
172	54.39	185	Darren Stanborough	Woking AC	M	
173	54.55	219	Rebecca Smith	U/A	F	
174	55.19	127	Stan Colley	Almost Athletes	MV	
175	55.22	19	Gary Thurgood	Yaxley Runners & Joggers	MV	
176	55.50	72	Tamsin Straiton	U/A	FV	
177	56.00	121	Liz Robertson	U/A	FV	
178	56.01	204	Richard Griffen	Eye Community Runners	MV	
179	56.08	171	Gordon Orr	Stamford Striders	MV	
180	56.08	180	Dave Smith	U/A	MV	
181	56.59	101	Steve Fletcher	U/A	MV	L
182	57.03	73	Michelle Thompson	U/A	FV	
183	57.21	23	Stuart Bremner	Bourne Town Harriers	MV	
184	57.30	167	Steve Pilvousek	Werrington Joggers	MV	
185	57.55	56	Sarah Cartmell	U/A	FV	
186	58.08	45	Tony Spratt	U/A	MV	
187	58.09	49	Victoria Spratt	U/A	F	
188	58.41	221	Terence Cross	U/A	MV	
189	58.47	144	Malcolm Scriven	Bourne Town Harriers	MV	
190	59.00	131	Ms Johnstone	U/A	FV	
191	59.37	215	Sam Jepson	Ropsley Road Runners	M	
192	59.56	145	Michael Hausler	U/A	MV	
193	1.00.03	77	Dawn Stilwell	U/A	F	
194	1.00.14	149	Nicholas Bryan	U/A	MV	
195	1.00.32	47	Stephen McLean	U/A	MV	L
196	1.01.03	156	Christopher Lamb	U/A	MV	
197	1.02.24	54	Stephen Garnham	U/A	MV	
198	1.02.31	76	Caroline Brough	Peterborough AC	FV	
199	1.03.02	186	Simon Lovell	Eye Community Runners	MV	
200	1.03.15	100	Alan Gray	U/A	MV	
201	1.04.17	117	Nicky Aspin	Bourne Town Harriers	FV	
202	1.05.46	140	Judith Sommers	U/A	FV	
203	1.06.02	139	Tracey Burn	U/A	FV	
304	1.07.30	169	Annabel Brackstone	Spalding Triathlon Club	FV	
205	1.07.50	152	David Robinson	Yaxley Runners	MV	
206	1.08.26	209	Jenny Preston	U/A	F	L
207	1.08.37	48	Tamarra Flegg	U/A	FV	
208	1.09.05	96	Kathryn Leworthy	Army Running Club	FV	
209	1.09.10	208	Stephanie Turner	U/A	FV	
210	1.10.14	86	Anne McCrae	Werrington Joggers	FV	
211	1.10.30	37	Neil Sherlock	U/A	MV	
212	1.10.48	154	William Cunningham	U/A	MV	
213	1.10.53	134	Peter Toms	Yaxley Runners	M	
214	1.12.46	78	Sally Knowles	U/A	F	L
215	1.14.05	216	Kath Jepson	Ropsley Road Runners	FV	
216	1.15.19	183	Christopher Curley	U/A	M	L
217	1.19.11	224	Antoinette Rendle	Bushfield Joggers	FV	
218	1.48.20	97	Armstrong Leworthy	Army Running Club	MV	